



**2021 SMP/SHIP National Conference**  
**Virtual Meeting • Part Two—August 10-12, 2021**

# **Strengthening Aging Services Across Cultures**

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August 10th at 3pm

# Older Adults' Equity Collaborative



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# Agenda

- Alphabet Soup: NYAM, OAEC & TARC
- Overview of TARC's and minority aging populations
- Financial impact of aging minority populations
- OAEC's collective work
- Where to find more information



**VISION**

Everyone has the opportunity to live a healthy life

**MISSION**

Drive progress towards improved health through attaining health equity

MIA MEDICINÆ NOVA EBORACENSIS

# NYAM's Center for Healthy Aging



**NYAM works to improve the health and well-being of current and future aging populations.**

Our goals are to:

- Increase social, physical, and economic participation
- Improve perceptions of well-being, quality of life, and autonomy
- Maximize functional ability and minimize activity limitations
- Deliver better care and services

# Older Adults' Equity Collaborative (OAEC)



# Question #1

How much do you think that race/ethnicity/SOGI (sexual orientation and gender identity) impacts your clients in navigating Medicare?

1 ----- 10

Minimal impact

Major impact

Enter your response in chat.

# MHP Salud



<https://mhpsalud.org/>

# Key traits of older Hispanic/Latino adults

Numbers: **4.2 million (2017) → 19.9 million (2060)**

Diversity: **20+ countries of origin**

Language: **73% of all Latinos speak Spanish at home**

Immigration: **Trauma/Mixed-status families/Fear of government and benefits**

Resources: [https://acl.gov/sites/default/files/Aging%20and%20Disability%20in%20America/2018HA\\_OAPProfile.pdf](https://acl.gov/sites/default/files/Aging%20and%20Disability%20in%20America/2018HA_OAPProfile.pdf)  
<https://www.pewresearch.org/fact-tank/2017/10/31/use-of-spanish-declines-among-latinos-in-major-u-s-metros/>

# National Asian Pacific Center on Aging



<https://napca.org/>



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# Key traits of older AAPI adults

**Numbers: 4% of the US population and 20% of the AAPI population/ will increase by 145% from 2010 to 2030**

**Diversity: 50+ unique cultural and racial identities**

**Language: 100 spoken languages**

**Immigration: 80% are foreign-born, often have restricted access to LTSS, health care, benefits, housing, and transportation.**

Resources: U.S. Census Bureau, 2010 Census / U.S. Census Bureau, 2009-2011 ACS, 3-Year Estimates

[https://www.napca.org/wp-content/uploads/2017/10/NAPCA-The-Emerging-Needs-of-AAPI-Older-Adults\\_Final-Report\\_Feb2017.pdf](https://www.napca.org/wp-content/uploads/2017/10/NAPCA-The-Emerging-Needs-of-AAPI-Older-Adults_Final-Report_Feb2017.pdf)

# National Indian Council on Aging



National Indian Council on Aging, Inc.

<https://www.nicoa.org/>

# Key traits of older American Indian and Alaska Native adults

Numbers: **568,611** age **65+** (almost half of whom identify as fully **American Indian or Alaska Native**) / concentrated in **OK, AZ, CA, NM, NC, and TX**

Diversity: **574** federally recognized tribes and **60** state recognized tribes

Decision making: **Tribal self governance** means that tribes can decide for themselves how to implement and participate in programs for **elders and caregivers**, and **tribal approval is necessary**

Resources: [https://acl.gov/sites/default/files/Aging%20and%20Disability%20in%20America/2018AIAN\\_OAPProfile.pdf](https://acl.gov/sites/default/files/Aging%20and%20Disability%20in%20America/2018AIAN_OAPProfile.pdf)

# National Caucus and Center for Black Aging



**National Caucus for Black Aging**

<https://ncba-aging.org/>

# Key traits of older African-American adults

Numbers: **African Americans make up 9% of the older population, and by 2060 it will be 13%**

Kinship families: **35% are responsible for raising grandchildren**

Caregiving while working: **Most caregivers also work, and report at least one negative impact on their work due to their caregiving role**

Resources: [https://acl.gov/sites/default/files/Aging%20and%20Disability%20in%20America/2018AA\\_OAPProfile.pdf](https://acl.gov/sites/default/files/Aging%20and%20Disability%20in%20America/2018AA_OAPProfile.pdf)

# SAGE: Advocacy and Services for LGBT Elders

sage<sup>®</sup>

Advocacy &  
Services for  
LGBT Elders

**National Resource Center  
on LGBT Aging**

<https://www.sageusa.org/>

# Key traits of older LGBT adults

Numbers: **Estimated 3 million LGBT adults age 50+, projected to increase to 7 million in 2030**

Income: **One-third of LGBT elders live at or below 200% of the federal poverty level.**

Family Structure: **2x as likely to live alone / 4x less likely to have children**

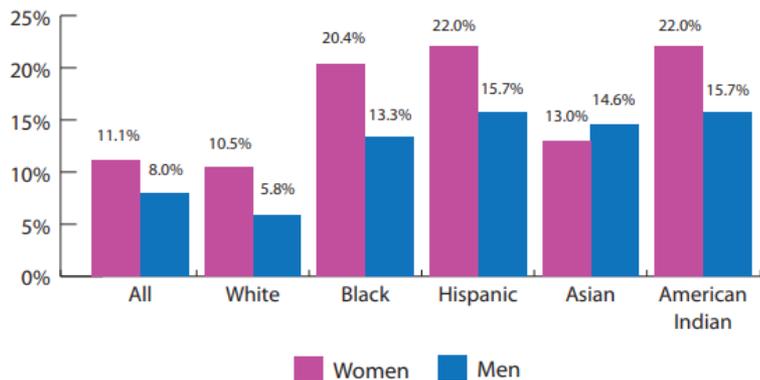
Discrimination: **Two-thirds have experienced victimization at least three times in their lives, and more than half report being discriminated against in employment and/or housing.**

Note on Medicare coverage: **Medicare now covers gender reassignment or gender confirmation surgeries on a case-by-case basis.**

Resources: <https://www.lgbtagingcenter.org/resources/pdfs/SAGE%20LGBT%20Aging%20Final%20R2.pdf>

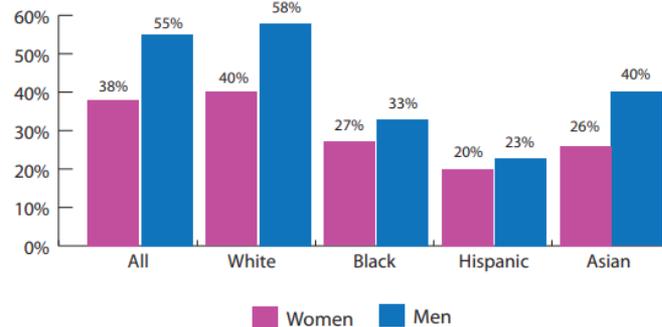
# Financial strain on minority aging populations

Figure 2: Poverty Rates Among Minority Women and Men, Age 65+



Source: U.S. Census Bureau, Current Population Survey, Annual Social and Economic (ASEC) Supplement 2018.

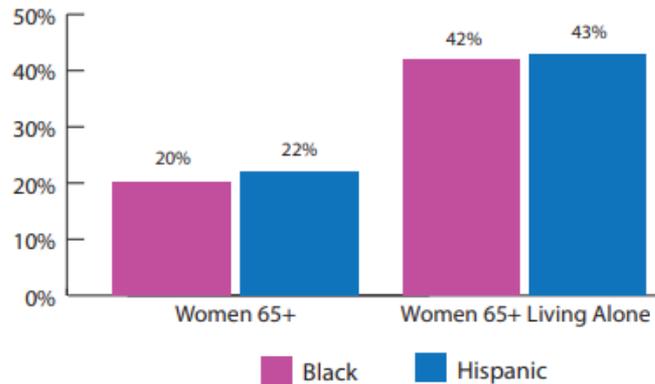
Figure 3: Percentage of Men and Women Age 65+ Receiving Income from a Pension or Retirement Savings Account



Source: U.S. Census Bureau, Current Population Survey, Annual Social and Economic (ASEC) Supplement 2018.

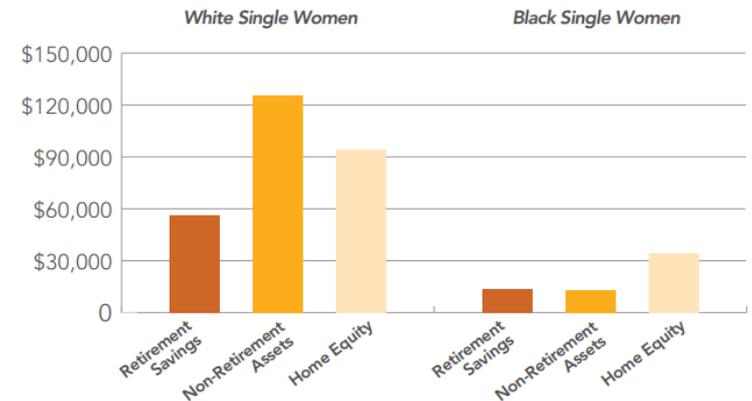
# Additional strain of living alone

**Figure 6: Poverty Rates of Hispanic and Black Women Age 65+ Those Living Alone are More Likely to be Poor**



Source: U.S. Census Bureau, Current Population Survey, 2018

Select Assets of Single Women (2016)\*



\*Source: Urban Institute, Women are building more wealth, but racial gaps persist.

# Question #2

Which sociodemographic factor do you think **most** affects access to Medicare?

Examples include:

- Level of income
- Limited English proficiency
- Education level

Enter your response in chat.

# OAEC Projects

## NICOA's Recommendations to the Family Caregiving Advisory Council (FCAC)



### Awareness and Outreach

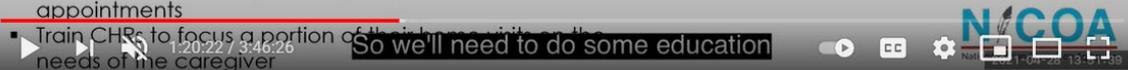
- Caregivers may not identify as caregivers
- Raise the community's awareness with educational events, broad national media campaigns, video stories focused on AI/AN caregivers, public service announcements
- Creative approaches will be needed in delivering messages because some caregivers may not be reachable via the internet

### Partners in Healthcare

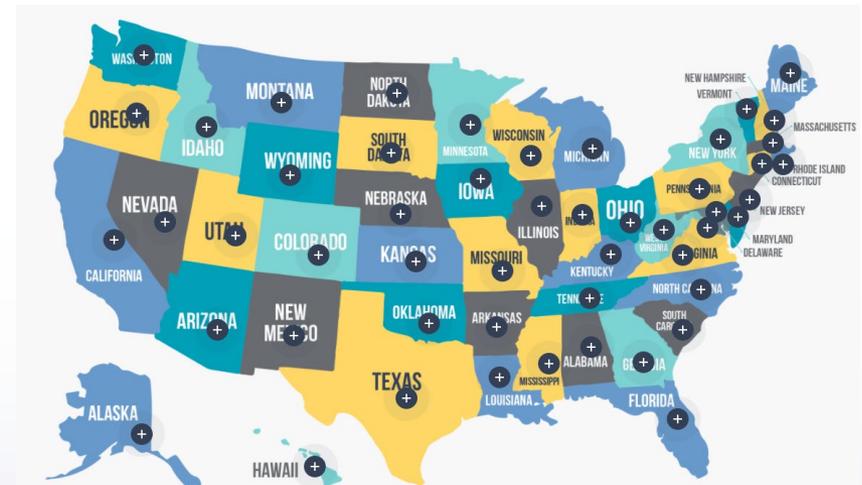
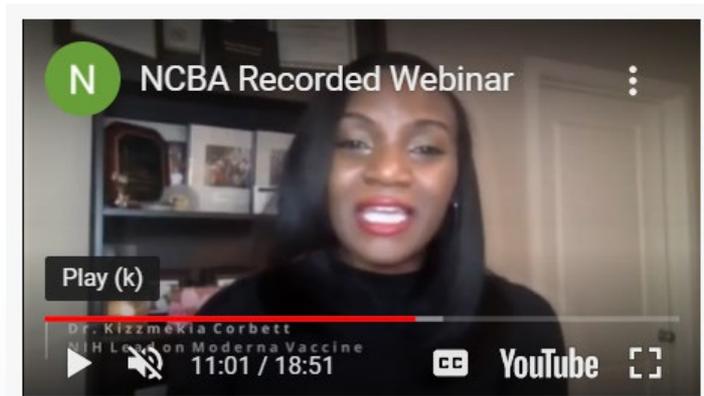
- Train healthcare workers, IHS, CHRs, Veterans Administration to provide educational resources to caregivers when they accompany patient to appointments
- Train CHRs to focus a portion of their time on the needs of the caregiver



Access April 2021 materials and recording [here](#)



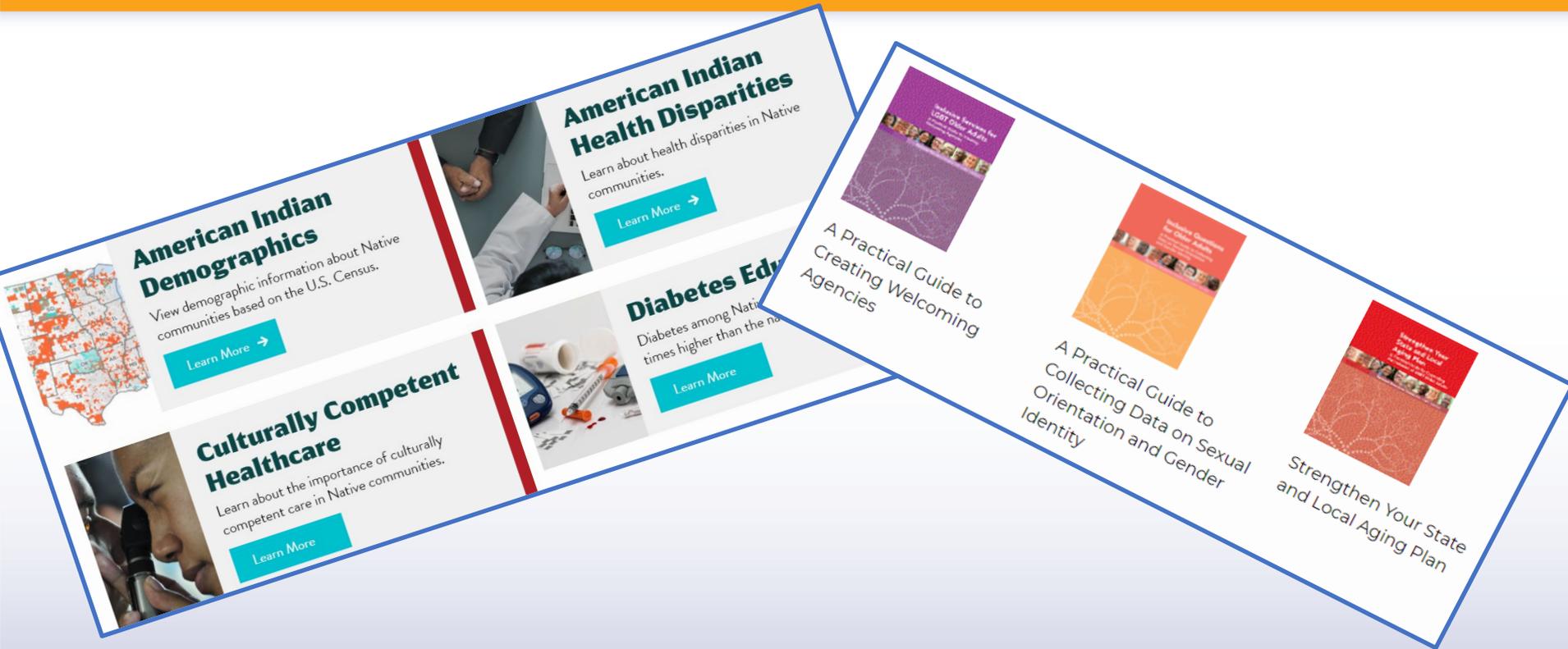
# COVID-19 Efforts



<https://ncba-aging.org/covid-19-vaccine-registration/>

<https://www.napca.org/covid-vaccine-info/>

# TARC RESOURCE LIBRARIES



<https://www.nyam.org/center-healthy-aging/research/oaec-resource-library/>

The screenshot displays the homepage of the OAEAC Resource Library. At the top right, there is a language selection dropdown menu labeled "Select Language". Below this is a search bar with the placeholder text "Enter search terms" and a "Search" button. The main content area is titled "SEARCH RESOURCES" and features a grid of 12 resource categories, each with an icon, a title, a brief description, and a link to "Show All Articles".

Category	Description	Number of Articles
ALZHEIMERS / DEMENTIA	Administration for Community Living: Brain Health Resource	2
CAREGIVING	April Meeting: RAISE Family Caregiving Advisory Council	4
CULTURAL COMPETENCY	California Department of Aging: Equity in Aging Resource Center	8
DISABILITY	10 Tips for Including LGBT People with Disabilities	3
EMERGENCY PLANNING	NCBA Recorded Webinar: Combat fears, doubts and access issues about the COVID-19 Vaccines	1
END OF LIFE DECISIONS	How to Start Advance Care Planning Conversations with Hispanic Older Adults	1
HEALTHY AGING	Advancing Health Equity Through Meal Programs Serving Older Adults	5
HOUSING AND LONG-TERM CARE	10 Tips for Including LGBT People with Disabilities	4
RETIREMENT INCOME AND SECURITY	Financial Stops for Caregivers: What You Need to Know About Protecting Your Money and Retirement	1
SOCIAL ISOLATION AND MENTAL HEALTH	ACL Behavioral Health Resources	5
SOCIAL SECURITY, MEDICARE, AND MEDICAID	Equity Assessment of Access to Title III Funding	1

# Thank you!

**Elana Kieffer, MBA**

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**@AgeFriendlyNYC**



# Cultural Competency: Tools and Resources from ACL

Shefy Simon, Project Officer





# Executive Order on Advancing Racial Equity

- Defines equity and underserved populations
- Outlines process to Advance Equity in Federal Government
  - Identify Methods to Assess Equity
  - Conducting an Equity Assessment in Federal Agencies
    - OHIC National Center for Benefits Outreach and Enrollment (NCBOE) grantee, NCOA, selected for assessment
  - Allocating Federal Resources to Advance Fairness and Opportunity
  - Promoting Equitable Delivery of Government Benefits and Opportunities
  - Engagement with Members of Underserved Communities
  - Establishing an Equitable Data Working Group



# Latest Resources and Tools from ACL

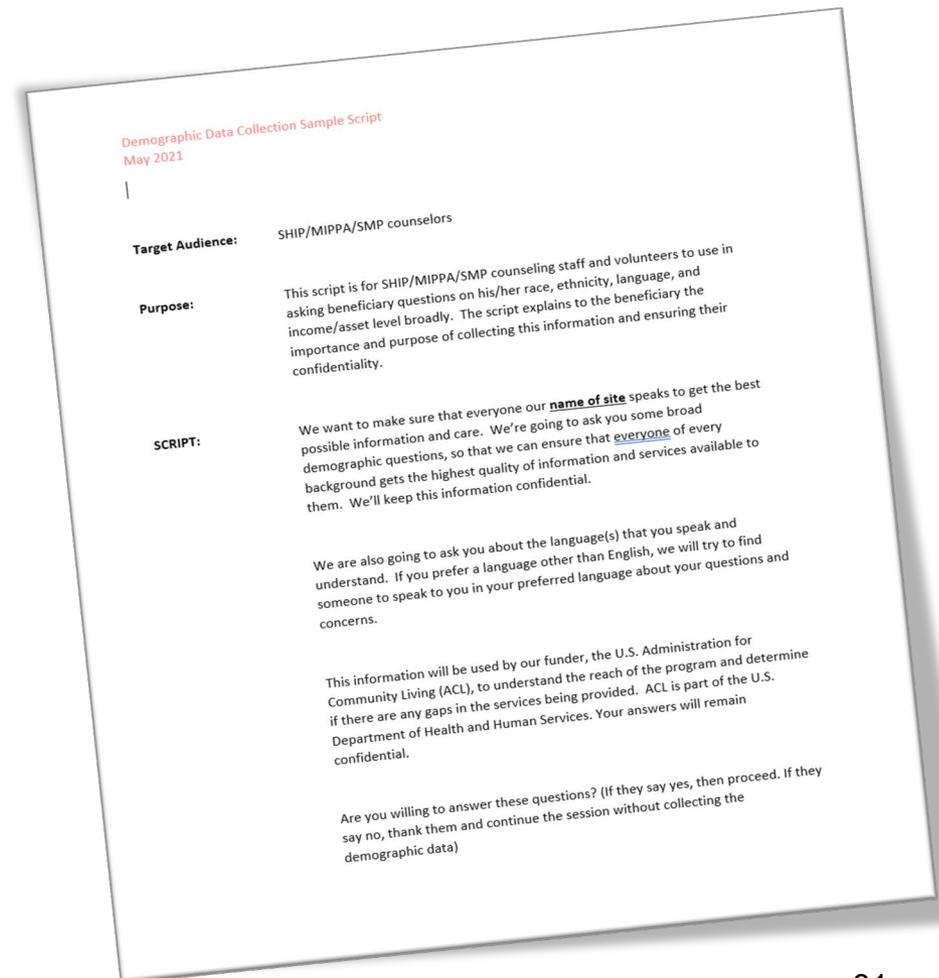
# Cultural Competency Resource Guide

- Status
- What's Inside?
  - Purpose: to assist in the identification of vulnerable populations within your service areas; to inform your work; to provide tools and resources
  - Disparities Impact Statement



# Demographic Data Script

- **What is it:** An optional script for counselors to use when collecting demographic data
- **How to use it:** Use as a tool during counselor training/directly use while counseling beneficiaries
- **Where can I find it:** Housed in center resource libraries





Thank you!